

Local Food Systems for Extension Agents Course - 2015

Module 1 - Introducing Local: Where We've Been and Where We're Going

Session Agenda

Day 1

- 10:00 am Intro to Class, Introductions to each other Review Syllabus, Moodle introduction
- 12:00 pm Lunch Break
- 1:00 Local Food- True or False? Activity & Small Group Discussion, *Local Food - Perceptions and Misconceptions*
Lecture and Class Discussion, *Evolution of the global food system, and the emergence of social movements around food*
Break
Panel Discussion, *Evolving heritage of food & farming in NC*
Lecture & Discussion, *Local Food Systems: Key Concepts, Impacts, Issues*
- 5:20 Planning/Logistics for Evening and for Day 2
- 7:00 – 8:00 Small Group Activity – (Optional for commuters), *Change and Future Directions*

Day 2

- 8:30 am Choose Teams/Topics for Session Topic Team Reports for Session 2
Small Group Activity – breakout by regions/districts, *Local Food - Meaning and value to participants*
Break
Class Discussion on readings. *Economic Impacts and the Multiplier Effect*
Lecture, *Local Food Systems Project Planning using Logic Models*
Planning/Logistics/Homework for Session 2
- 12:15 PM Lunch Break
History of local foods efforts in Cabarrus Co. *Community, policy, politics, etc.*
- 2:00 – 3:20 Site Tours, *The systems nature of how local foods grew and changed in Cabarrus County: Lomax Incubator Farm*
- 3:20-3:30 End of Session Survey

Module 1 Learning Objectives

1. Students are able to describe:
 - a. The evolution of the global food system, and the emergence of social movements around food (and local food in particular).
 - b. The evolving heritage of food & farming in NC, from multiple perspectives.
2. Students are able to explain:
 - a. Key concepts about local foods and the place-based nature of 'local food' in their community.
 - b. The evidence-based impacts of local food, and how to clarify common misconceptions.
3. Students learn how to plan local foods programs/projects in a manner that allows them to quantify results and access resources /tools to evaluate impacts.